

# Bestmed











## 2024 benefit update



Bestmed announced a weighted contribution increase of **9.6% effective 1 January 2024.**

**Average**  
**9.6%**

### Summary of increase percentages

Beat Range	Pace Range	Rhythm Range
 Beat 1* 9.5%	 Pace 1 9.5%	 Rhythm 1 9.5%
 Beat 2* 9.5%	 Pace 2 9.9%	 Rhythm 2 9.5%
 Beat 3* 9.5%	 Pace 3 9.9%	<b>NEW Beat 3 Plus option</b> Filling the gap between Beat 3 and Pace 1.  Beat3, PLUS more, with optometry benefits every 24 months, benefits for supplementary services and a savings account of 25%.
 Beat 4* 9.9%	 Pace 4 9.9%	

#### Specialised Radiology

Isotope studies MRI, CT and PET scans

- One scan per lumbar and cervical spine region will be funded from the existing. Specialist diagnostic imaging benefit.
- MRI and CT scans in-hospital benefit remains unchanged, and out-of-hospital are two scans per beneficiary per year on Pace 2, 3 and 4.

#### Change to Network Hospital List

- The Beat EDO and Rhythm hospital network will change. These hospital networks will be consolidated as of 2024.
- Mediclinic and National Hospital Network (NHN) will replace Netcare and Life Healthcare.

#### Acute medicine limit

The acute medicine limit on Pace4 remains unchanged for 2024.

#### Change to emergency services provider

Netcare911 will be the new emergency services provider.

Benefit limits increased by an average of 5%

## Preventative care benefits



- Intrauterine device insertion (consultation and procedure) by GP or gynaecologist has been extended to the Beat 2, Beat 3 and \*Rhythm 1 and 2 options. Once every five years.  
\*The Rhythm Network applies to the Rhythm options
- Consultation fee will be funded with the pap smear procedure on Beat 4 and across the Pace range.
- Glaucoma screening once per year at a network optometrist for beneficiaries 50 years and older, paid from the preventative care benefit on Pace2, Pace3 and Pace4.

## 2024 Contributions

Range	Plan	Main Member	Spouse/Adult	Child
Pace	Pace 4	R 10 343	R 10 343	R 2 423
	Pace 3	R 8 280	R 6 665	R 1 424
	Pace 2	R 7 212	R 7 072	R 1 590
	Pace 1	R 5 061	R 3 555	R 1 277
Beat	Beat 4	R 6 059	R 5 004	R 1 498
	Beat 3 Plus	R 4 300	R 3 091	R 1 569
	Beat 3 Non-Network	R 3 724	R 2 656	R 1 314
	Beat 3 Network	R 3 352	R 2 391	R 1 183
	Beat 2 Non-Network	R 2 545	R 1 976	R 1 071
	Beat 2 Network	R 2 289	R 1 779	R 963
	Beat 1 Non-Network	R 2 082	R 1 616	R 875
	Beat 1 Network	R 1 873	R 1 456	R 789

Range	Plan	Income Band	Main Member	Spouse/Adult	Child
Rhythm	Rhythm 1	R 0 - R 9 000 R 9 001 - R14 000 R14 001+	R 1 432 R 1 670 R 2 983	R 1 432 R 1 670 R 2 983	R 590 R 710 R 1 545
	Rhythm 2	R 0 - R 5 500 R 5 501 - R8 500 R8 501+	R 1 432 R 1 670 R 2 983	R 1 432 R 1 670 R 2 983	R 590 R 710 R 1 545

## Get in Touch

ELIMINATE THE HASSLE OF FINDING THE RIGHT  
HEALTHCARE SOLUTION FOR YOU, YOUR FAMILY  
AND YOUR EMPLOYEES.

011 794 6611  
info@cornerstonefsg.co.za  
www.cornerstonefsg.co.za



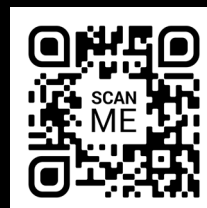
Cornerstone FSG



Cornerstone Financial Services Group

Monde Khumalo

SENIOR HEALTHCARE CONSULTANT



Scan for contact and social details